



Patient Journey Guide: Immunotherapy for Multiple Myeloma

A Guide for Patients & Caregivers

Receiving a multiple myeloma diagnosis can feel overwhelming. Our Patient Journey Guide provides easy-to-understand information on immunotherapy treatments, side effects, and what to expect at each stage of care.



Scan the QR Code to explore the free patient journey guide.

healthsci.queensu.ca/opdes/cpd/patientjourneymm

This Patient Journey Guide Explains:



Treatment Options and How to Prepare:

Learn how immunotherapies work and their role in MM care; tips for appointments, tests, and hospital stays.



Managing Side Effects:

Guidance on fatigue, infections, CRS, ICANS, and more.



Post-Treatment Care, Support & FAQs:

Navigating recovery and ongoing care, and answers to common concerns about treatment, work, and quality of life.



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