Indigenous Healthcare Education and Practice: A Community Led and Community Informed Collaborative Initiative

Supplementary Digital Resources
This resource was developed to complement the “Indigenous Healthcare Education and Practice: A Community-Led and Community-Informed Collaborative Initiative” module series. This resource was created by the project team to address the Calls to Action set forth by the Truth and Reconciliation Commission. This project is made possible with funding by the Government of Ontario and through eCampusOntario’s support of the Virtual Learning Strategy. To learn more about the Virtual Learning Strategy visit the eCampus Ontario website (click to view).
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Acknowledgement
THEME 1: HISTORICAL PERSPECTIVES OF INDIGENOUS PEOPLES IN CANADA AND IMPLICATIONS FOR HEALTH OUTCOMES BOOKS AND STORIES

- The Sweet Bloods of Eeyou Istchee: Stories of Diabetes and the James Bay Cree (http://sweetbloods.org/)
- Medicine Walk by R. Wagamese
- Indigenous Writes: A guide to First Nations, Metis & Inuit Issues in Canada: 31 essays about the Indigenous experience from pre-colonization to the present
- Colonized Classrooms: Racism, Trauma and Resistance in Post-Secondary Education by Sheila Cote-Meek
- Braiding Sweetgrass: Indigenous wisdom, scientific knowledge, and the teaching of plants by Robin Wall Kimmerer
- Other books on Indigenous Health and Research: https://guides.library.queensu.ca/indigenous-health/books-and-ebooks

Film and Video

- Women and the Indian Act: https://youtu.be/0AXc9u5SuRA
- Video of Julia Candish discuss Indian Act status and how it impacted her family: https://youtu.be/RmvDQsCfYe8
- Film from CMA – the Unforgotten: Childhood (Metis Elder tells his story after getting tuberculosis at the residential school): https://theunforgotten.cma.ca/childhood/
- Canadian Medical Association: Indigenous Health in Canada film (35 min) - https://theunforgotten.cma.ca/
- Global news article: More unmarked graves likely to be discovered at former Kamloops, B.C., residential school: report: https://globalnews.ca/news/8028537/kamloops-indian-residential-school-full-report-findings/
- Possible video to include – Residential school survivor speaks about the discovery of unmarked graves: https://globalnews.ca/news/8028537/kamloops-indian-residential-school-full-report-findings/
Programs and Initiatives

- To raise awareness and “reveal unmistakable connections to colonization. They are meant to help heal people”. Includes a focus about the prevalence of diabetes in Indigenous populations (https://theconversation.com/indigenous-group-tackles-diabetes-with-storytelling-89022)
- Idle No More Movement (https://idlenomore.ca/)
- Nishnawbe Aski Nation (NAN) Choose Life Program (https://www.nan.ca/resources/choose-life/)

Articles and Online Resources:

THEME 2: BIASES, RACISM, AND DISCRIMINATION IN HEALTHCARE

Examples of local, regional, and national Indigenous organizations

- Anishnawbe Health Toronto (www.aht.ca)
- First Nations Health Authority (Vancouver) (www.fnha.ca)
- Aboriginal Health Access Centres (Ontario) (e.g., Southwest Ontario Aboriginal)
- Health Access Centre, Anishnawbe Mushkiki
- Gzhewaadizwin Health Access Centre (www.aohc.org/aboriginal-health-access-centres)
- Vancouver Native Health Society (www.vnhs.net/home)
- Wabano Centre for Aboriginal Health (Ottawa) (www.wabano.com)
- Pauktuutit Inuit Women of Canada (www.pauktuutit.ca)
- Inuit Tapiriit Kanatami (www.itk.ca)
- Akausivik Inuit Family Health Team (Ottawa) (www.aifht.ca)
- Resource to help find community-led health programs and services for First Nations, Inuit, or Métis communities in Ontario: https://www.southeasthealthline.ca/listservices.aspx?id=10071

Reports and Literature

- Hospital orderly, caught on video mocking Joyce Echaquan before she died, tells inquest she meant no harm - https://www.cbc.ca/news/canada/montreal/joyce-echaquan-coroner-inquest-may-19-1.6032387
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**THEME 3: INDIGENOUS WAYS OF KNOWING AND HEALTHCARE**

**Video, Film, and News**

- Dr. Lindsay Morcom (Queen's University Faculty of Education)
  - Talk on the importance of Indigenous languages at TEDxQueensU that explains how languages are valuable because they shape the way we think, how Indigenous languages have been threatened by Canadian colonial institutions, and shares about some initiatives to revitalize Indigenous language through education (https://www.youtube.com/watch?v=g2HiPW_q5Rs)
- Queen's School of Medicine put on a seminar with Dr. Ojistoh Horn (Akwasasne) titled: Can Indigenous Physicians Work in their own Community. She explained a very impactful story about including a traditional medicine man in a palliative care patient's passing. (https://www.youtube.com/watch?v=Gq1ByW4d9BM)
- Indigenous knowledge to close gaps in Indigenous health: https://youtu.be/IpKjtujtEYI

**Resources**

- Map of traditional languages - what is spoken, where (https://native-land.ca/)

**Aboriginal Healing Centres, Healing Lodges, and Other**

- Healing Lodges and Correctional Service Canada (CSC)
- Other non-correction Healing Lodges in Ontario include,
  - Biidaaban Healing Lodge, Heron Bay http://www.biidaaban.com/
  - Enaatig Healing Lodge & Learning Centre, Victoria Harbour https://www.enahtig.ca/
  - Dan Pine Healing Lodge, Garden River First Nation https://grwc.ca/dan-pine-healing-lodge/
  - Shawanaga First Nation Healing Centre, Nobel http://shawanagafirstnation.ca/healing-centre/
  - Waasegiizhig Nanaadawe'yewigaming, Keewatin https://www.wnhac.org/wholistic-health-services/spirit/
- The Clan Mothers Healing Village, Winnipeg, MB: https://clanmothers.ca/

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• Waseskun Healing Center
  ○ https://waseskun.net/
  ○ Waseskun Healing Center; A Successful Therapeutic Healing Community (2008)
• Sioux Lookout First Nations Health Authority
  ○ https://slmhc.on.ca/departments-and-services/traditional-program/

The Aboriginal Healing Foundation

• Aboriginal Healing Foundation (AHF). Projects funded across Canada. https://www.ahf.ca/funded-projects
• The Centre for Public Impact writes about the AHF successes and challenges here, https://www.centreforpublicimpact.org/case-study/canadas-aboriginal-healing-foundation-ahf
Literature and Reports


- Traditional Anishinabe Healing in a Clinical Setting: The Development of an Aboriginal Interdisciplinary Approach to Community-based Aboriginal Mental Health Care: https://jps.library.utoronto.ca/index.php/ijih/article/view/28993/23883


**THEME 4: HEALTHCARE RIGHTS**

Resources:

- National Collaborating Centre for Indigenous Health; Knowledge Resources & Publications. https://www.nccih.ca/34/Publication.nccih?type=1&pillar=0

Video and Film

- What is Self Determination?: https://youtu.be/9UkYmasjXQ8
- The Right to Self Determination in UNDRIP: https://www.youtube.com/watch?v=kizC-cAZceA
- The Role of Free Prior and Informed Consent: https://youtu.be/MI5wlr1PWd0
- Neskmantaga First Nations has been under a boil water advisory for 25 years: https://www.youtube.com/watch?v=LUOnddxXq8
  - Get the water fixed. Bee Moonias, Neskmantaga First Nation: https://www.youtube.com/watch?v=h-PFDXmjqmU

Literature and Reports


Using the Medicine Wheel:


THEME 5: HEALTHCARE SERVICES

Literature and Reports


Videos and Film

  - This video elaborates on common issues experienced by Indigenous individuals in Canada, in particular, the problems they face regarding access to healthcare. Indigenous populations are affected by all social determinants of health, as well as a complex history of colonialism, racism and residential schools. This video was made by Shaera Rahim, Suraj Mahida, James King and Michael Kwok. Copyrights McMaster University 2018

Other Resources


- Queen's University Indigenous Health Module:
  - https://healthsci.queensu.ca/sites/elentra/medicine/rise/Indigenous-health/#/lessons/zztjZMnKc6k4Z_7noK4i5gV3w0jRtdyl?_k=w8djio
THEME 6: CULTURALLY SAFE HEALTHCARE AND EDUCATION

Resources:

● Medicinal Plants with Tom Chisel
  ○ Sweat Lodge Keeper and Medicine Man, Tom Chisel, shares his knowledge about medicinal wild plants.
  ○ https://www.youtube.com/watch?v=INAMr8UB8Ik

● Joseph Pitiwanakwat, Creators Garden
  ○ https://www.facebook.com/CreatorsGarden/
  ○ https://www.instagram.com/creators.garden/?hl=en

● First Nations Health Authority
  ○ The First Nations Health Authority (FNHA) is the first and only provincial First Nations health authority in Canada. They are working to transform and reform the way health care is delivered to BC First Nations.
  ○ https://www.fnha.ca/

● Canadian Cancer Society


Literature and Reports


**Theme 7: Intersections Between Education and Healthcare**

**Literature and Reports**


- Hancock, A. M. (2007). When multiplication doesn't equal quick addition: Examining intersectionality as a research paradigm. *Perspectives on Politics, 5*(1), 63–78.
ACKNOWLEDGEMENT

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