

# Queen's Health Services and Policy Research Symposium

## Dr. Duncan G. Sinclair Lecture

### Ageing in the Community

Proudly presented by the [Health Services and Policy Research Institute](#) and the [School of Policy Studies](#)

Friday, September 25, 2026 @ 9:00 AM EST  
University Club at Queen's, George Teves Room  
168 Stuart Street, Kingston



- 9:00 – 9:05 AM Welcome and Land Acknowledgement**
- Catherine Donnelly, Director, Health Services and Policy Research Institute, and Associate Professor, School of Rehabilitation Therapy
- Ian MacMullen, Director of Student Engagement, School of Policy Studies
- 9:05 – 9:10 Opening Address**
- Lisa Tannock, Dean, Queen's Health Sciences
- 9:10 – 10:10 Panel Discussion: Policy Lens on Ageing in the Community**
- Moderator: Helen Cooper, Board Member, Oasis Kingston
- 9:10 – 9:20 Ruth Noordegraaf, City of Kingston
  - 9:20 – 9:30 Kim Morrison, Frontenac, Lennox and Addington Ontario Health Team
  - 9:30 – 9:40 Samantha Buttemer, Public Health and Preventative Medicine Program (DFM)
  - 9:40 – 10:10 Q&A
- 10:10 – 10:20 Break**
- 10:20 – 11:00 Examples from the Community**
- Moderator: Julia Fournier, Director, Oasis National
- 10:20 – 10:30 Helen Mabblerly, Program Manager, Kingston Community Health Centre
  - 10:30 – 10:35 Q&A with Helen
  - 10:35 – 10:45 Peter Clutterbuck, Oakwood-Vaughan Community Organization
  - 10:45 – 10:55 Q&A with Peter
  - 10:55 – 11:00 General Discussion
- 11:00 – 12:25 PM 28<sup>th</sup> Dr. Duncan G. Sinclair Lectureship in Health Services and Policy Research**
- Introduction by Catherine Donnelly
- New Ageism: Implications for Public Policy and Citizen Action**
- Paul McGarry, Head, Greater Manchester Ageing Hub  
Assistant Director, Public Service Reform, Greater Manchester Combined Authority
- 12:25 – 12:30 Closing Remarks**
- Catherine Donnelly
- Ian MacMullen, School of Policy Studies
- 12:30 – 1:30 Networking Lunch**
- Please join us immediately following the Sinclair Lecture for an opportunity to connect and engage

## Dr. Duncan G. Sinclair Lectureship in Health Services and Policy Research



Over a career spanning three decades at Queen's, Dr. Sinclair held numerous senior leadership roles, including Dean of the Faculty of Arts and Science, Vice-Principal, Vice-Principal (Health Sciences), and Dean of the Faculty of Medicine. He also served as Director General of Program Operations for the Medical Research Council (MRC) of Canada and was awarded an Honorary Fellowship in the Royal College of Physicians and Surgeons of Canada in recognition of his contributions to health and medical education. Although he retired in 1996, Dr. Sinclair has remained actively engaged in teaching, including providing guest lectures for Queen's graduate-level epidemiology courses.

In recognition of Dr. Sinclair's contributions to the Medical Research Council and his longstanding commitment to health policy and health services research, Dr. Henry Friesen, then President of the Medical Research Council of Canada, announced the creation of the Dr. Duncan G. Sinclair Lectureship in Health Services and Policy Research at Queen's University in 1997.

Demonstrating their enduring commitment to advancing health policy research in Canada, Duncan and Leona Sinclair further strengthened the Lectureship through a generous contribution to its endowment in 2001, helping to ensure its ongoing impact for future generations of researchers, health professionals, and policymakers.

### **New Ageism: Implications for Public Policy and Citizen Action**

**Paul McGarry, Head, Greater Manchester Ageing Hub**

**Assistant Director, Public Service Reform, Greater Manchester Combined Authority**

Paul McGarry is Assistant Director of the Greater Manchester Combined Authority's Public Service Reform Directorate and has led the Greater Manchester Ageing Hub since 2016. He has worked in local government for more than 30 years and has been focused on improving the lives of older people since 1997.

In 2009, Paul established the Age-Friendly Manchester program at Manchester City Council. Under his leadership, Manchester became the first city in the United Kingdom to be recognized by the World Health Organization (WHO) as an Age-Friendly City in 2010. He also played a key role in founding both the WHO Global Network of Age-Friendly Cities and Communities and the UK Network of Age-Friendly Communities.

Alongside his policy and leadership work, Paul is a Research Fellow at the University of Manchester, where he contributes to research on ageing, communities, and social inclusion. His contributions have been recognized internationally, including being named one of the United Nations Healthy Ageing 50 leaders. He also received the Outstanding Achievement Award from the British Society of Gerontology for his significant and lasting contributions to the field of ageing studies.

In 2024, Paul co-authored *Re-imagining Age-Friendly Communities: Urban Ageing and Spatial Justice* with colleagues from the University of Manchester's Urban Ageing Research Group. His work continues to bridge research, policy, and practice, helping to create communities where people can age well and remain connected, valued, and engaged throughout their lives.