

**Name:** Isha Jairath

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**Specialty:** Family Medicine

**Country:** Kenya

**Location:** Matangwe

**Rural/Urban:** Rural

**Hospital or non-hospital placement:** Both

**Type of placement:** Pre-clerkship

**Date:** July 25<sup>th</sup> to August 29<sup>th</sup>, 2011

**Project title:**

**Organization:** Caring Partners Global

**Website:** <http://meds.queensu.ca/queenscpi/>

**Main language spoken:** Luo

**Other language(s):** English & Swahili

**Project description:** This project involved students going to the rural town of Matangwe, Kenya and helping out at the Matangwe clinic. Clinic days were from Monday - Friday. Activities in the clinic consisted of taking vitals (blood pressure, temperature, weight and height), helping out around the clinic, organizing medicines in the pharmacy, going on rounds with the physician and learning about different patient presentations.

**Student experience description:** This was a wonderful experience. I was able to practice skills that I had learned in first year (taking vitals) and also saw health conditions that I might have not seen over here. It was also a great cultural experience. I was able to see and apply the concepts of global health during this experience. I was also able to learn so much about another healthcare system.

**Placement safety:** Yes, I felt safe during my placement. Everything was well looked after. The accommodations and transportation to and from the clinic were safe. The supervisor was also always easy to contact in case of anything. Overall, everyone was helping and watching out for us.

**Educational experience (out of 10):** 7

**Social/cultural experience (out of 10):** 9

**Does the organization have any religious affiliations?** Yes

**At any point did you feel expected to participate in religious activity?** No

**Program fee:**

**Dress code:**

**Accommodation:**

**Accommodation cost:**

**Helpful hints:** Pack light, bring many pairs of scrubs because this is what you will wear every day at the clinic. Realize that you won't be able to do much in terms of medicine, but keep an open mind to learn more about the culture and also to learn about all the different medical scenarios you will see at the clinic.

**Questions you are glad to have asked before leaving on placement:** How will I get transportation to where I want to go? What are the important emergency numbers I need? Where will I get money/be able to transfer money?

**Questions you WISHED you asked before leaving on placement:** How much money should I take?

Are there other opportunities in the area for me to take part in?

**Overall, would you recommend this placement for future students?** Yes