

Fall Open House Life Sciences and Biochemistry

Wednesday September 16, 2020 7PM

Queen's University is situated on traditional Anishinaabe and
Haudenosaunee Territory

- Housekeeping
 - Introductions
 - Upcoming events
 - Where to get support
 - Q & A
 - Post questions in the chat

Who are we?

Louise Winn, PhD

Associate Dean Life Sciences and Biochemistry
Professor, Department of Biomedical and Molecular
Sciences (DBMS)
School of Environmental Studies



John Allingham, PhD

Associate Head, Undergraduate (DBMS)
Chair of the Biochemistry Program
Professor, DBMS



Our roles ...

- To assist LISC & BCHM students in academic matters
- To provide LISC & BCHM students with adequate resources for education (i.e., TA's in courses)
- To support LISC & BCHM students with non-academic issues
- To ensure the academic standards in the curriculum
- To foster and promote the development of new educational initiatives in the LISC & BCHM curriculum
- To report to the Deans regarding LISC & BCHM matters

Who are we?

Katherine Rudder

Undergraduate Assistant Life
Sciences and Biochemistry



Emily O'Brien

Program Assistant, Biochemistry



Botterell Hall Room 815

How to book an appointment?

Katherine Rudder:

613-533-6527 / lifesci@queensu.ca

Emily O'Brien:

biochem@queensu.ca

- Please use your Queen's email and include your student number
- Appointments will be by phone or MS TEAMS



POSITIVE SPACE

Celebrating
Sexual and Gender
Diversity
at Queen's

<https://healthsci.queensu.ca/liscbchm/>



Queen's University

Office of the Associate Dean
Life Sciences & Biochemistry

FACULTY OF HEALTH SCIENCES | SCHOOLS | RESEARCH | BRACKEN LIBRARY | CPD | GIVING

Q SEARCH AND SIGN IN

HOME ▾ LIFE SCIENCES (LISC) ▾ BIOCHEMISTRY (BCHM) ▾ DEADLINES DEPARTMENTS QUARMS

QUIP FAQ

Life Sciences and Biochemistry

A place where exceptional students learn to analyze and think critically, communicate and debate, interpret and judge independently - skills that are sought after by employers in the biomedical research and health care industries.

LIFE SCIENCES

BIOCHEMISTRY

Questions? We Are Here To Help.

TALK TO ADVISORS

- **PAY ATTENTION:** Weekly updates
- Important Degree Plan changes for this year

Information sessions:

October 16, 2020 – Zoom session for LISC 499 and BCHM 421/422 students regarding graduate studies

- Host: Dr. Nancy Martin, Associate Head DBMS

Mid October:

- meet 2nd year students about 3rd year
- meet 3rd year students about 4th year

Late October 2020

“Canadians studying medicine abroad”

Who are we?

Melissa Vitaro and Kody Klupt
Biochemistry DSC Co-Presidents
bchm.dsc@asus.queensu.ca

Abhira (Abby) Raveendran
Life Sciences DSC President

- Team of students focused on making your university experience the best possible
 - Academic (LISC/BCHM Education committee)
 - Social
 - Treasurer
 - Extra curricular

DSC Events

- Zoom with profs (October)
- Writing your first BCHM 310/317 lab report
- 4th year research information via Zoom (Mid November)
- Career conference hosted by LISC and BCHM Executive Councils
- Zoom holiday party in late November



Join Queen's Connects Career Networking Group

September 2020
Alumni Mentor

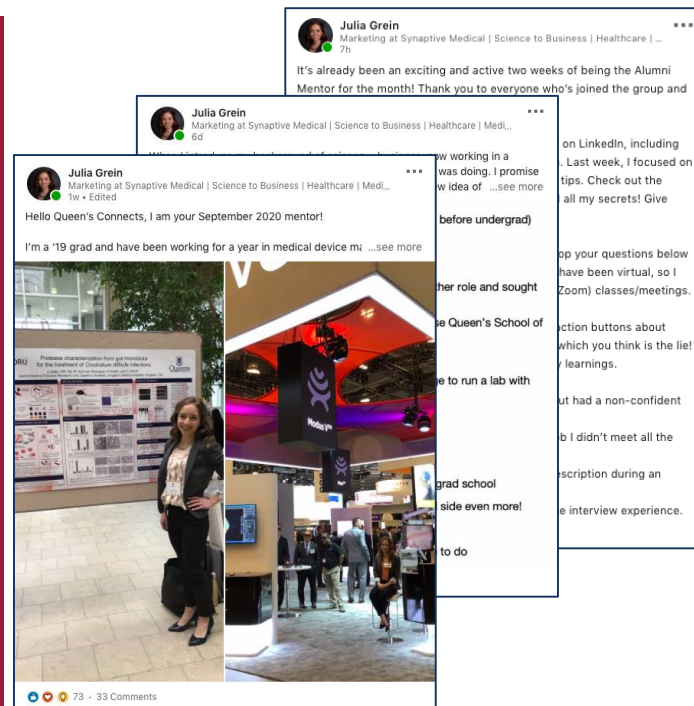


Julia Grein
BCHM, CIB, GDB '19

- Run by Career Services for Queen's students/alumni
- Monthly Alumni Mentors share their valuable perspectives/experiences
- Insight/guidance for career options beyond graduation
- Path for networking

Access Queen's Connects Career Network for Students and Alumni:

[LinkedIn.com/groups/8154377](https://www.linkedin.com/groups/8154377)



Where to get support



Mitchell Hall

- **Student Wellness Services**
613-533-2506
- **Faith & Spiritual Life**
Chaplain@queensu.ca
- **International Centre (QUIC)**
QUIC@queensu.ca

Career Services

mycareer@queensu.ca

CARE Referral Program

SupportServices@queensu.ca

AMS Peer Support Centre

peersupport@queensu.ca

Four Directions Indigenous Student Centre

4direct@queensu.ca

Student Academic Success Services (SASS)

academic.success@queensu.ca

Sexual Violence Prevention and Response

Barb Lotan – BJL7@queensu.ca

Feeling Overwhelmed?



Re-focus on Health

Make taking care of yourself a priority.

Talk About It

Reach out to family, friends and/or other supports.

Take Action

Look for what may be the source of stress. Make a change. Ask for help.

Use Campus Supports

- Student Wellness Services (SWS)
- Student Academic Success Services (SASS)
- AMS Peer Support Centre (PSC)
- Faith & Spiritual Life
- Academic Advisors
- International Centre (QUIC)
- Four Directions Indigenous Student Centre

Additional Mental Health Support

- Therapy Assistance Online (TAO)
www.taoconnect.org
- Empower Me 1-844-741-6389
- 24 hr community crisis line - 613-544-4229
- Good 2 Talk - 1-866-925-5454
- Togetherall (togetherall.com)
- Bounce Back™ (Ontario.cmha.ca)

Keep your community safe from COVID



Queen's
UNIVERSITY

Wear a mask,
wash your hands,
and respect social
distancing
guidelines.

Know the symptoms.
Go get tested if you
feel sick and socially
isolate until you are
well again.

Keep social
gatherings
within the
limits set by
Public Health.

Remember –
**It's your
community!**
We are all in
this together!



www.queensu.ca/covidinfo/students

Send questions to supportservices@queensu.ca

Have you updated your SOLUS
account with the following
information?



- Your current address and cell phone number
- Your emergency contact information



Questions?