



**29<sup>th</sup> Annual Therapeutics Day**  
 Wednesday, February 27, 2019

Ramada Kingston Hotel & Conference Center, 22 Benson St., Kingston, ON

**PROGRAM LEARNING OBJECTIVES**

<p><b>8:35</b></p>	<p><b>"The Wheeze on the Bus..." Pediatric asthma</b>          At the end of this session the participant will be able to:</p> <ul style="list-style-type: none"> <li>• describe approaches to a diagnosis and determine when to initiate screening</li> <li>• reiterate new management strategies</li> <li>• illustrate the best possible management of acute exacerbations</li> <li>• explain the point at which the patient should be referred</li> </ul>
<p><b>9:00</b></p>	<p><b>Infection Protection Direction: HIV &amp; HTLV-1</b>          At the end of this session the participant will be able to:</p> <ul style="list-style-type: none"> <li>• review the updates regarding PrEP treatment</li> <li>• describe the therapeutic regime</li> <li>• recognize the role of the Primary Care Provider related to immunizations, monitoring and drug interactions</li> </ul>
<p><b>9:25</b></p>	<p><b>"Radiating Wellness" Mental Health Concerns in Cancer Patients</b>          At the end of this session the participant will be able to:</p> <ul style="list-style-type: none"> <li>• differentiate between depression, adjustment reaction and illness progress</li> <li>• state available community resources</li> </ul>
<p><b>9:50</b></p>	<p><b>"The Rank Kin File" Primary Care Therapeutics Considerations for Military Families</b>          At the end of this session the participant will be able to:</p> <ul style="list-style-type: none"> <li>• review guidelines to better assess patients' symptoms</li> <li>• summarize pearls for the Primary Care Provider to consider</li> </ul>
<p><b>10:45</b></p>	<p><b>"Periods of Distress" Endometriosis</b>          At the end of this session the participant will be able to:</p> <ul style="list-style-type: none"> <li>• distinguish when to include endometriosis in the differential diagnoses</li> <li>• illustrate therapeutic management update(s)</li> <li>• indicate when referral should be initiated</li> </ul>
<p><b>11:10</b></p>	<p><b>"Craving Solutions" The Addiction Medicine Consult Team</b>          At the end of this session the participant will be able to:</p> <ul style="list-style-type: none"> <li>• discuss current situation in Kingston for inpatients with substance use disorder</li> <li>• explain START</li> <li>• discuss future directions of START</li> </ul>
<p><b>11:35</b></p>	<p><b>"Jeopardy: Audience Selected Topics"</b>          At the end of this jeopardy session participants will be able to better answer patients' questions (especially those spurred by Google) in clinical areas from pediatric pain control to natural remedies to how well cholinesterase inhibitors work.</p>

<p><b>1:00</b></p>	<p><b>"Rendering a Verdict" Saturated fats</b>  At the end of this session, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• review current evidence related to risks associated with saturated fats</li> <li>• better educate patients seen in primary care with and without cardiovascular risk factors</li> </ul>
<p><b>1:25</b></p>	<p><b>"Emergent-see" Top three urgent eye diagnoses</b>  At the end of this session the participant will be able to:</p> <ul style="list-style-type: none"> <li>• identify common urgent eye conditions seen in primary care</li> <li>• manage these conditions effectively</li> <li>• Illustrate when it is appropriate to refer the patient</li> </ul>
<p><b>1:50</b></p>	<p><b>"Get a Grip" Hand injuries not to miss</b>  At the end of this session the participant will be able to:</p> <ul style="list-style-type: none"> <li>• more easily diagnose common hand injuries seen in primary care</li> <li>• indicate when patients should be referred</li> </ul>
<p><b>2:30</b></p>	<p><b>"Disrupting Behaviours" Practice Changing Studies</b>  At the end of this session the participant will be able to reflect on the practice-impacting literature updates regarding topics such as Low-carb diets, bathing for eczema, increasing inhaled steroids, opioids versus others for chronic back pain and the new ASA primary prevention studies</p>
<p><b>2:55</b></p>	<p><b>"Pharm-illogical Remedies" Managing recurrent UTI in women without antibiotics</b>  At the end of this session the participant will be able to:</p> <ul style="list-style-type: none"> <li>• know that physicians managed UTIs before introduction of antibiotics</li> <li>• understand that antibiotics can cause harm and lead to the frightening prospect of a "post-antibiotic" era</li> <li>• learn how to prevent recurrent UTI in healthy women without antibiotics</li> <li>• learn how to manage acute bacterial cystitis without antibiotics</li> </ul>
<p><b>3:20</b></p>	<p><b>"Looking Out for Lumbar One" The Rapid Access Clinics for Low Back Pain</b>  At the end of this session the participant will be able to:</p> <ul style="list-style-type: none"> <li>• describe the purpose and format of the Rapid Access Clinics for Low Back Pain (RAC-LBP)</li> <li>• list the inclusion and exclusion criteria for RAC-LBP</li> <li>• describe the referral process to RAC-LBP</li> </ul>
<p><b>3:45</b></p>	<p><b>"Jeopardy: Audience Selected Topics"</b>  -Michael Allan, MD, Professor, Department of Family Medicine and Director of Evidence-Based Medicine, University of Alberta  At the end of this jeopardy session participants will be able to better answer patients' questions (especially those spurred by Google) in clinical areas from pediatric pain control to natural remedies to how well cholinesterase inhibitors work.</p>